

Jeff, Jeanette, Leah and Carlos Aguirre



We are Carlos and Leah Aguirre from Colorado Springs, Colorado, and we would like to share information with you about the Regis University Parents Fund.

Two of our five children attend Regis. Jeff is a senior majoring in business and Jeanette is a freshman contemplating psychology or dental hygiene. After encountering higher education in the public sector with our older children, and two years of the "Regis Experience" with Jeff, we gave Jeanette the option of choosing any Jesuit college, knowing from experience that she would be known by name and not a number. To our delight, she chose Regis.

We both had attended Catholic schools since grade school, and all of our children have done the same. However, we had only heard of the quality of a Jesuit college education from other parents, but never had experienced it first hand. When Jeff expressed a desire to attend Regis, as parents we were delighted. Regis, in our minds, was the Mercedes Benz of education.

However, tuition can be an enormous strain on parents and college students. We believe that a Jesuit college opportunity, specifically a Regis University education, is one of the most important opportunities and gifts we as parents can provide our children. This is why we believe in supporting Regis, specifically through the Annual Fund.

The Annual Fund generates support for Financial Aid. At Regis, 85 percent of students receive some form of financial aid, with an average package of approximately \$10,000. In the 2004-2005 fiscal year, more than 900 Regis parents contributed more than \$230,000 to the Parents Fund, a subsidiary of the Annual Fund. As chairs of the Parents Fund, we recognize the important role that parents play in helping the Annual Fund meet its goal and in providing financial assistance for current and future Regis students. As part of "The Campaign for Regis University, Writing the Next Chapter," financial aid ranks as the highest priority.

This year the Annual Fund has a goal of \$1.5 million. It is our hope that the Parents Fund will meet its \$300,000 target as part of that larger goal, while alumni, friends, corporations and foundations will account for the remainder.

We believe that Regis is a place that enables our children to continue their spiritual education and journey on their own, apart from mom and dad. And we wanted to provide additional support for their journey. What monetary amount can be placed on providing our children with values for life?

We invite you to consider supporting Regis and the foundation it provides our children by giving generously to this year's Parents Fund. The Annual Fund truly ensures that Regis preserves its unique mission as a Jesuit Catholic University, and helps to keep Regis affordable so that our children can receive a uniquely values-centered education.

Support the Parents Fund

As expensive as tuition is, it does not cover the entire cost of educating each Regis University student. The Annual Fund helps the University make a Regis education affordable by filling in financial gaps as much as possible.

A gift to the Parents Fund will generate financial aid resources and make it possible for your student and others to receive a first-rate education. Your participation – at all levels – does make a difference, and will help Regis develop today's learners into tomorrow's leaders.

You can make a gift online at annualfund@regis.edu or by phone at 1-800-388-2366 x3535.

Welcome to the Regis University Family

It seems like only yesterday that I was moving my daughter to Regis. We carried her boxes up three flights of stairs in DeSmet Hall with nervous excitement (I was nervous and my daughter, Natalie, was excited). At the time, I was not employed by Regis University, so I had numerous questions and concerns as a parent about this new transition. However, I was put at ease readily by the competent and caring staff. During my daughter's time at Regis, I became so impressed by the resources, the solid education and the University mission that I applied to work here, wanting to give back to a place that had given so much to us.

As the new director of Parent Relations, I hope you find this first of the quarterly *Parent Newsletter* informative. If you have any ideas for information that would be helpful for you, please let me know.

As a parent, I understand how important it is to stay involved and yet remain at a safe distance so your son/daughter has space to grow. Regis University is a family-orientated campus that really embraces parent involvement in the college experience. Because of this philosophy we are opening the doors and creating a Parents Association Board (PAB). I invite you as current Regis parents to get involved by volunteering on PAB.

The purpose of PAB is to establish avenues of communication between parents and the University. We are in the process of developing several committees that you, as parents, can become involved in, even if you live out of state. Among the more important functions of PAB is the financial support of the University to encourage its development and academic growth.

Again, welcome to the Regis University family. I hope that the experience will be as positive for you as it was for me and my daughter.

If you should need assistance, or would like to receive more information on how to volunteer, please e-mail me at kdarby@regis.edu or call me at 1-800-388-2366 x5746 or 303-964-5746.

Warmest regards,

Kelly Darby, P '04

University Ministry Retreats

University Ministry offers several opportunities for students to make retreats throughout the academic year. For more information, contact University Ministry at 303-458-4153 or e-mail: univmin@regis.edu.

Christian Life Community (CLC) Retreats **October 29, 2005 & April 8, 2006**

These day-long retreats provide an opportunity for students to spend a day in reflection at the Sacred Heart Jesuit Retreat House, located in a picturesque setting near Sedalia, Colorado.

Kairos Retreat **November 4-6, 2005 & March 24-26, 2006**

Led by a team of students, this retreat is an opportunity to deepen one's relationship with God and others. The experience of sharing one's faith allows students to see the value of Christian faith as a communal, lived experience.

24-Hour Retreat **February 10-11, 2006**

This overnight retreat, held in the mountains, is an opportunity for First year students to pray, deepen friendships and reflect on their Regis experiences.

Retreat with University President Father Michael Sheeran **February 24-26, 2005**

This retreat offers an opportunity for juniors and seniors to use the Ignatian model of prayerful discernment to reflect on their experiences at Regis and prepare for the future. The Ignatian theme of "Finding God in All Things" encourages students to deepen their commitment to spiritual growth through prayer, spiritual direction, the Spiritual Exercises of St. Ignatius and other practices appropriate to their faith tradition.

Busy Student Retreat **T.B.A.**

This retreat is designed to fit the busy schedules of students. A spiritual advisor meets briefly each day with a student to reflect on Scripture and how it seems to apply in one's life. Spiritual advisors from several faith traditions are available.

Leaders in Service

Who are the Leaders in Service?

These students promote Regis University by acting as University liaisons with alumni, students, faculty, visiting dignitaries and the surrounding community.

The Leaders in Service will attend University events and other functions under the guidance of University Relations.

Member Matthew Zavala said he has "enjoyed meeting alumni and hearing their stories about what Regis was like when they attended. It also shows how great Regis really is when people who graduated 40+ years ago still want to be a part of it."

The principal duty of the Leaders in Service is to assist with donor recognition and appreciation events, and serve as student representatives for Regis University. "The Leaders in Service program exposes me to many networking opportunities and I enjoy that it allows me to act as a representative for Regis," said member Challona Coleman.



Members of Leaders in Service

Back Row (left to right):

Sven Trautmann (Plano, Texas), Michelle Lindstrom (Minnetonka, Minnesota), Matthew Zavala (Longmont, Colorado), Jack Kachadurian (Hinsdale, Illinois), Bobby Morgan (Dallas, Texas), Caitlin Claxton (Cortez, Colorado), Frank Haug (Del Norte, Colorado), Ed Yoon (Barrigada, Guam)

Middle Row:

Alex Glueckler (Scottsdale, Arizona), Dana Hobbs (Oklahoma City, Oklahoma), Meghan Calvillo (Cortez, Colorado), Tave Johnson (Denver, Colorado), Challona Coleman (Centennial, Colorado), Gardner Waterman (Portolla Valley, California)

Front Row:

Christina Yetter (Silver Spring, Maryland), Pam Haake (Kansas City, Missouri), Kristin Heintz (Portland, Oregon), Jill Simons, (Los Altos, California) Skylar Fogel (LaSelva Beach, California)

Not Pictured:

Libby Hook (Denver, Colorado), Erin Maher (Belmont, California), Kate Murphy (Plano, Texas), Amy Noyes (Barrington, Illinois), John Powers (St. Louis, Missouri), JD Rogers (Omaha, Nebraska).

Donor Appreciation Dinner

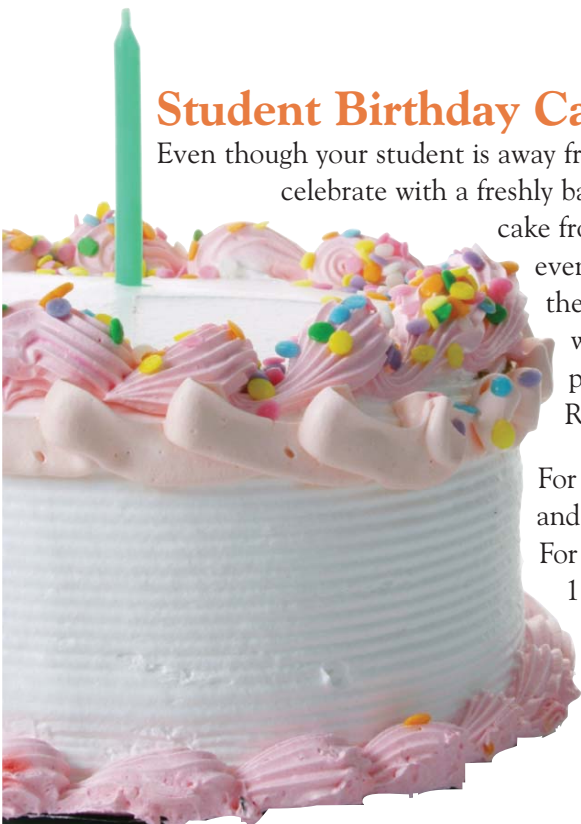
The Board of Trustees and Michael J. Sheeran, S.J., president of Regis University, hosted the annual Donor Appreciation Dinner at Regis University on September 15. The dinner is the University's way of thanking its donors at the Director's and President's levels for their continued support of Regis. This year, 330 people attended. Bishop Emeritus Richard C. Hanifen, D.D., Diocese of Colorado Springs, was the evening's featured speaker. Bishop Hanifen is an alumnus of Regis Jesuit High School and Regis University. Named the first bishop of Colorado Springs in November 1983, he was installed in January 1984. He retired in January 2003, but continues to teach several courses at Regis University. Bishop Hanifen noted that one of the most delightful parts of the evening was the opportunity to converse with the University's student Leaders in Service and having their participation in the event.

Student Birthday Cakes

Even though your student is away from home on his/her birthday, you can still help celebrate with a freshly baked personalized birthday cake. We will order the cake from a local bakery, have it delivered to campus and even create a birthday card from you. We'll contact the birthday student and take a photo of him/her with the cake and e-mail it to you! Students can pick up their cakes at the Alumni and Parent Relations Office, Main Hall, Room 326 (x3536).

For \$20.00, you select his/her favorite flavor and frosting for the double layer 9-inch round cake. For an order form, call Parent Relations at 1-800-388-2366 x5746 or download the order form at www.regis.edu/parents and fax it in 303-964-5423.

Bon Appetite



Upcoming Student Events

November 4-6	Kairos Retreat
November 11	Fall Formal
November 17	Movie Night (on campus)
December 1	Roller Skating
December 8	Relaxation Night (with HAC)
December 13	Finals Breakfast

Web Links of Interest

- Athletic Schedules: www.regis.edu/athletics
- Alumni & Parent Relations: www.regis.edu/parents
- University Ministry: www.regis.edu then click on spiritual life
- Giving to Regis: www.regis.edu/giving
- Birthday Cake Order form: www.regis.edu/parents

2005 - 2006 Academic Year

Fall 2005

Final Examinations	December 12-16
Classes End	December 16
Commencement	December 17

Spring 2006

Registration Starts	October 31
Tuition Due	January 1
Classes Begin	January 17
Add/Drop End	January 24
Withdrawal Period	January 26-March 24
Final Examinations	May 1-5
Classes End	May 5
Commencement	May 7

Fall 2006

Registration Starts	March 20
Tuition Due	August 1
Classes Begin	August 28
Add/Drop End	September 5
Withdrawal Period	September 6-November 10
Final Examinations	December 11-15
Classes End	December 15
Commencement	December 16

Fall 2005 Break Calendar

Thanksgiving Holiday	November 23-27
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Spring 2006 Break Calendar

Spring Break	March 4-12
Easter Break	April 14-16

Fall 2006 Break Calendar

Labor Day Holiday	September 4
Mass of the Holy Spirit (10:50 a.m. classes will not meet)	September 21
Fall Faculty Conferences	September 29
Mid-semester Break	October 16-17
Thanksgiving Holiday	November 22-26

****Dates are Subject to Change****

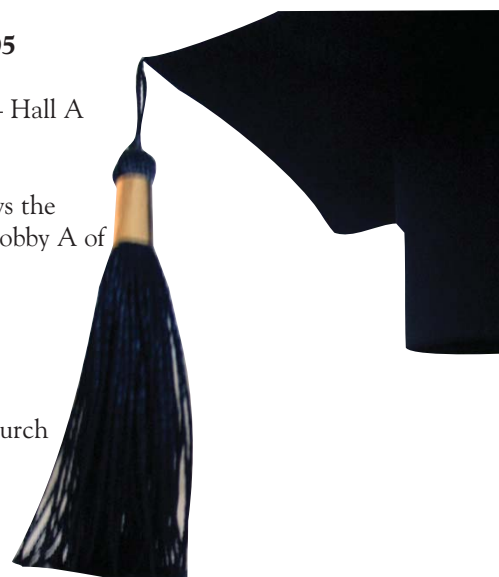
Commencement Schedule

Saturday, December 17, 2005

3:00-5:00 p.m.
Colorado Convention Center – Hall A
700 14th Street
Denver, CO
A reception immediately follows the commencement ceremony in Lobby A of the Convention Center.

Baccalaureate Mass

Saturday, December 17, 2005
7:30 p.m.
St. Elizabeth of the Hungry Church
1060 St. Francis Way
Denver, CO
On Auraria Campus -2 blocks from Convention Center



University Honored for Alcohol Programs

Regis University was one of three schools recently honored nationally for efforts to promote the responsible use of alcohol. Bradley University in Illinois and the University of Missouri-Columbia joined Regis at a ceremony in Washington, D.C. The award is sponsored by Golden, Colorado, – based Coors Brewing Company

“We definitely promote not drinking,” said Jina Jensen, a coordinator of Regis’ program. “But if you’re going to drink, we definitely promote ‘Don’t drink to excess, use a designated driver, and take care of your friends.’”

Sally Spencer-Thomas, director of the alcohol education program at Regis, said it was gratifying “to be part of some good news coming out of Colorado, celebrating what’s working in alcohol education.”

Each award came with a \$5,000 check. Regis will use the money to help fund part of its alcohol program that uses students as peer educators.

Spencer-Thomas said the Regis program is aimed at the approximately 1,400 undergraduates who come to the University from high school. About 60 percent of them live on campus.

Alcohol Awareness Outreach

Regis University’s efforts to promote the responsible use of alcohol reflects several different forms of outreach. These include alternatives to drinking and educational activities that promote the hazards of drunk driving. One example of the University’s efforts is hosting a drunk-driving simulator sponsored by a program called Save A Life Tour, where students experience varying levels of driving under the influence via a computer simulation.



Sally Spencer-Thomas, director of Leadership Development and Behavioral Health at Regis University, left, and Jina Jensen, clinical coordinator, pose with Colorado Senator Ken Salazar in Washington, D.C.



Regis University also supports **CHOICES**: Peer Education Program, which uses a peer-based approach to promote healthy living and encourage responsible life choices. Peer counselors offer alternatives to unhealthy behaviors by increasing awareness about relevant student life issues, and by correcting misperceptions about college life. CHOICES oversees several programs that address many different areas: BACCHUS, the UnBar, R.E.A.C.H. (Responsible Educated Athletes Choosing Healthy Lifestyles), Unmasked! and Peer Support (Listening Ear).

BACCHUS is an international association of college and university-based peer education programs, focusing on student health and safety issues. The **UnBar** is a mobile unit that gives students a fun alternative to alcohol by providing them with non-alcoholic beverages at social functions and athletic events. It is staffed with BACCHUS bartenders trained to make tasty

frozen concoctions. **R.E.A.C.H.** uses peer influence as the primary means of promoting the message of responsibility and healthy lifestyles with student athletes. **Unmasked!** works through the medium of peer theater to help students promote messages of awareness, safety and student activism. **Listening Ear** trains students in listening skills to help other students with issues they often face while in college. In addition, they sponsor “Issues,” a discussion session for students to talk about their opinions on spirituality, body image, alcohol, depression and adjusting to college.



Drunk driving simulator presented by Save a Life Tour at Regis University during Alcohol Awareness Week.

The Results Are In! Class of 2009

This year’s freshman class profile is:

Total Number Enrolled: 402
 In-state students: 60%
 Out-of-state students: 40%
 Average high school GPA: 3.38
 50% were 3.5-4.0
 Average ACT: 23
 Average SAT: 1061
 Gender:
 Female 63%
 Male 37%



Members of the class of 2009 take time out of their busy orientation schedule to pose for a photo on the steps of Dayton Memorial Library.

Regis Participates in College Opportunity Fund

This story was authored by Dorothy Rankin

In an effort to increase the number of Colorado high school students who go to college, last year the Colorado Legislature created the College Opportunity Fund (COF), a new method for subsidizing tuition charges at public institutions that utilizes student stipends. As part of the legislation, qualifying Colorado private higher education institutions, including Regis University, were given the opportunity to participate in COF contingent upon negotiating a performance contract with the state. Performance contract negotiations concluded recently and the Regis contract was approved.

As designed by the state legislature, a student’s eligibility for a COF stipend looks different at a participating private institution than at a public institution. In both cases, the student needs to be an undergraduate enrolled in eligible courses, must have documented that they are a Colorado resident, and must have applied for the stipend through College Access Network’s Web site. At participating private institutions, the following additional eligibility criteria apply: the student must have graduated from a Colorado high school or received a GED in Colorado or been home-schooled in Colorado, and must demonstrate financial need through eligibility for the federal Pell Grant.

Students at participating private institutions are eligible to receive 50 percent of the COF per credit hour amount that is established annually for public institutions by the Colorado legislature. At Regis, students will be eligible to receive a \$120 COF stipend for a three-credit-hour class (e.g., \$40 per credit hour) for classes taken Fall 2005, Spring 2006 and Summer 2006. The annual COF amount received by a student at a private institution will be considered a resource for financial aid purposes.

Enrollment Services is identifying students potentially eligible for COF as they apply for financial aid and is communicating directly with them in order to collect the documentation required to determine their eligibility and award them.

This is a whole new source of funding for Regis University’s neediest Colorado students. It is anticipated that approximately 900 of our undergraduate students will qualify for a COF stipend on an annual basis. In order to learn more about the program and the steps required to apply for a stipend at Regis University, please go to www.regis.edu/financialaid and click on “Grants” to review the information in the Q & A section.

Stay tuned for updates as we work through the details on a totally new funding resource for private higher education institutions in Colorado.

New Orleans Comes to Regis

This fall semester, Regis University welcomed 34 students from three New Orleans universities affected by Hurricane Katrina. Students came to Denver from Tulane University, Xavier University Louisiana, and Jesuit sister school, Loyola University New Orleans. Home states for the students include Colorado, Louisiana, Missouri, Texas, and Georgia.

Regis University and Sodexo Campus Dining Services have provided each student with tuition, room and board, and a meal plan at no charge. The University formally welcomed the students during the annual Mass of the Holy Spirit with banners representing each of the New Orleans schools.



Parent Newsletter is published for the parents of Regis University’s traditional undergraduate students.

Written by: Kelly Darby and Marycate Lumpff
 Graphic design: Mariea Monday-Richardson
 Photography by: Josh Hardin and Graham Hunt
 Contact us at: 800-388-2366 x5746

Regis University Parent newsletter



fall 2005



Family Weekend 2005

Families from more than 10 states participated in a full schedule of activities during Family Weekend 2005.

It all began on Thursday, September 29, with "Follow your student to class." While shadowing their child's academic schedule, parents experienced an average day in the life of a Regis College student. A Dean's List Reception in Boettcher Commons honored the 188 students who received a 3.7 GPA for the Spring 2005 semester while taking 15 or more credit hours. Later in the evening parents, siblings and students attended Thursday Thrills, a regular campus event, featuring the 17th Avenue All-Stars. This award-winning vocal group performed soulful renditions of popular musical styles covering five decades of hits.

On Friday, students and their families attended such events as a morning of reflection and Mass celebrated with Father Thomas Curran, and a volunteer opportunity with a Habitat for Humanity project in Denver. Then a cycle tour of Denver in the warm fall weather was followed by the Provost's welcome and a Regis women's soccer game. The day ended with Family Night Out downtown at the University Club. Family members enjoyed conversation, an Italian pasta dinner, gifts, live music by pianist Jerry Miller, and songs sung by Amelia "Amy" Noyes, '06, and Mark Ovatt, '76.

Saturday offered a hike at Red Rocks Mountain Park, the 7th Annual Regis Golf Tournament, a frisbee tournament, a Regis women's volleyball match, a BBQ and Casino Night at the Regis University Student Center, where live music and food were provided as attendees tried their hand at traditional casino games. All proceeds from this event went to Habitat for Humanity, and the Regis University Student Government Association matched the amount with a \$2,500 donation. A Silent Auction to benefit the Katrina Victims Fund featured blankets, pillows, rosaries and jewelry made by Regis students.

Sunday morning, Regis College alumnus Bishop Emeritus Richard C. Hanifen, RC '53, celebrated Mass on Boettcher Commons, with brunch following in the Student Center Dining Hall.

For more photos, visit www.regis.edu/parents

